

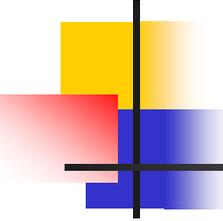


How- to start

Sailing Regattas

Long lasting results

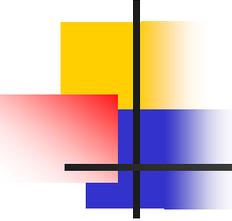
- Is fun
- Develop team work
- Learn additional Sailing skills



How to get involved in racing?

- As Crew:

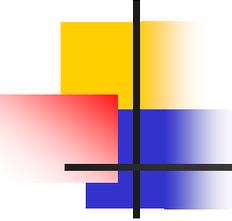
- Find a local sailing/racing club in your area. You can look at www.wfyra.org for a complete listing in west FL, or the St. Petersburg Sailing Association www.spsa.us
- Contact that club or association to find out when they have their local club races.
- Coordinate, Show up – there is always a need for crew even if you are inexperienced. 1 or 2 people is fine, but if you come with a group, expect to split up. Boats will usually take one or two inexperienced crew, but will shy away from a group.
- Ask questions and learn the lingo. There are many resources on www.ussailing.org or www.asa.com, even your local library. Basic understanding of nautical terms will help you.
- After the race, “mingle and walk the docks”. Even if the boat you were on isn’t the right fit, everyone likes to talk about the race on the dock and in the bar afterwards. You’ll be sure to get a ride for the next event.



How to get involved in racing?

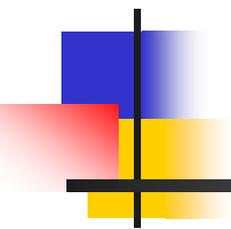
- As a Sail boat owner who want to sail & is new to racing:
 - There are a number of steps you need to take to get on the racecourse. The first step is find a local club or association near you. They can provide details of the next local event.
 - You will need a rating for your boat. West Florida used the “performance handicap racing fleet” or WFPHRF system to rate boats for their speed.
 - If you sail on the west coast of Florida... The West Florida Performance Handicap Racing Fleet (WFPHRF), serves the Florida West Coast from Crystal River to Marco Island and all of the Tampa Bay area. Visit www.wfphrf.org for more details email the [Saint Petersburg Sailing Association](mailto:secretary@spsa.us) to secretary@spsa.us
 - Present the number to the race organizers and they will assign you a fleet to race in.
 - Before you compete, read the rule book – available at www.ussailing.org





How to get involved in racing?

- If you want to participate in West Florida:
 - Go to www.wfphrf.org to get your handicap rating.
 - If you want to compete in the overall “boat of the year” series, you can choose from several regional series and sign up on-line.
 - Or Check for local racing organizations to find one close to you.
- Prepare your boat - make sure you are coast guard equipped and your sailing gear is ready for action. Things move quickly on the racecourse and you need to be confident in your boat.
- You don't have to be an expert, but be conservative and respect the boats on the course. You'll see how it works in very little time.
- It is helpful to find an experienced crew to help you get started.
- The race organizers can help you too.
- Enjoy the day with the crew. Don't expect to win on your first few tries. Set goals to improve with your crew!



Go Sailing!

[St. Petersburg Sailing Association](#)



[St. Petersburg Sailing Center](#)

[United States Sailing Association](#)

[American Sailing Association](#)

